

# ELASTIC NET DRESSING

THE TAPE ALTERNATIVE

## **Application Procedures for CUT TO FIT Elastic Net Dressing**

Elastic Net retention dressing is your tape alternative and a favorite product of wound care nurses everywhere. It holds primary bandages in place without tapes or adhesives that can cause skin irritation especially to fragile skin. It allows frequent inspection and redressing without tape. It has superior elasticity, a tubular design that can be cut to the desired length, and a clean even weave that won't easily catch on things. Low linting when cut. This is an essential product for use with fragile, geriatric, pediatric and at-risk skin.

- Rayon/polyester knitted elastic net tube
- Soft, open weave does not constrict
- Accommodates virtually any part of the body from finger to XX large torso.
- Latex free
- Available in 11 different sizes.
- All sizes are 25 yards stretched length, 1 roll per box.

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## Finger & Toe Application

Elastic Net Dressing <u>Item No.</u> <u>Size</u> <u>Maximum Stretch Width</u>

NONNET01 1 6" NONNET02 2 7%"



**A.** Push an excess of Elastic Net onto the applicator equivalent to twice the measurement of the applicator. Place the loaded applicator over the entire dressed finger, toe or penis.



**B.** Draw a small amount of unstretched Elastic Net off the applicator and onto the base of the extremity, and holding the released amount with your thumb and forefinger pull the applicator over the entire extremity and cut at the tip of the appendage.



**C.** As this procedure is completed, one layer of Elastic Net will automatically bandage the dressed appendage. If additional pressure is required to secure the dressing repeat steps A-B-C.

#### **Caution**

Never apply more than two layers of Elastic Net to any dressed appendage.

## Arm/ Leg/ Foot & Hand Application

Elastic Net Dressing Item No. Size Maximum Stretch Width

NONNET03 3 9½" NONNET04 4 11½"

#### **Instructions for Hand Dressing**



**A.** Measure and cut approximately 14" of unstretched Elastic Net. Place both of your hands into the tube and stretch over the dressing allowing Elastic Net to fit the contour of the dressed area.



**B.** Make a full twist at finger tip.



**C.** Restretch over the hand as far as the wrist.

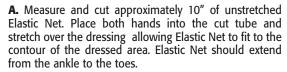
Result: The dressing is now secured by Elastic Net.

The uninjured fingers may be left free by cutting finger holes.

## Arm/ Leg/ Foot & Hand Application

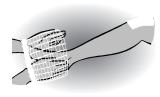








**B.** Draw your hands out of the tube allowing Elastic Net to contract and fit to the contour of the dressed area.



#### Instructions for Leg & Knee Dressing

**A.** Measure and cut approximately 8" of unstretched Elastic Net. Place both of your hands into the tube and stretch over the dressing.

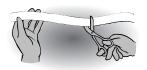


**B.** Draw your hands out of the tube releasing Elastic Net to fit to the contour of the dressed area. Allow Elastic Net to extend approximately 2" beyond the dressing at each end.

### **Elbow & Forearm Application**

Elastic Net Dressing Item No. Size Maximum Stretch Width

NONNET05 5 12¾" NONNET06 6 24"



**A.** Measure and cut approximately 8" of unstretched Elastic Net."



**B.** Place both of your hands into the cut tube and stretch over the dressing.



**C.** Draw your hands out of the tube allowing Elastic Net to fit to the contour of the dressed area. Allow Elastic Net to extend approximately 2" beyond the dressing at each end.

## **Amputation Application**

Elastic Net Dressing Item No. Size Maximum Stretch Width

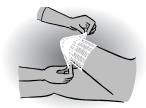
NONNET05 5 12¾" NONNET06 6 24"



**A.** Measure and cut approximately 12" of unstretched Elastic Net.



**B.** Place both of your hands into the tube and stretch over the stump dressing. Release by withdrawing your hands.



**C.** Make one full twist at the stump tip and restretch over the stump dressing.

## Full Head / Skull Cap Application

Elastic Net Dressing Item No. Size Maximum Stretch Width

NONNET07 7 28%" NONNET08 8 31%"



#### **Instructions for Full Head**

**A.** Measure and cut approximately 10"-12" of unstretched Elastic Net. Place both of your hands into the cut tube and stretch over the head from the top of the head to under the chin creating a face mask.



**B**. Cut the Elastic Net, covering the face, from the mid forehead, to under the chin. If face is to remain covered, do not cut.



#### **Instructions for Skull Cap**

**A.** Measure and cut approximately 12"-14" of unstretched Elastic Net. Place both of your hands into the cut tube and stretch over the cranium to just above the eye brows.



**B.** Make one full twist of the remaining tube, place both of your hands into the opening and restretch over the cranium.

## **Lower Abdominal Application**

Elastic Net Dressing Item No. Size Maximum Stretch Width

NONNET09 9 35" NONNET10 10 36%"

#### **INSTRUCTIONS FOR THE GENITAL, ANAL & PERENIUM**



**A.** Measure and cut a 20" length of unstretched Elastic Net and make a 4" vertical cut directly in the center of the fold.



**B.** Place both hands in the top part of the tube and stretch – drawing the panty-like tube up the legs, over the hips to the waist while keeping the lower length of the tube (or tail) hanging in the rear.



**C.** With the tail hanging in the rear and below, pass the legs through the indicated side leg cuts and bring the tail up to the waist passing over the first layer.

## **Lower Abdominal Application**

#### INSTRUCTIONS FOR THE GLUTEAL, LOWER ABDOMINAL, HIP, GROIN, BUTTOCKS AND THIGH





**A.** Measure and cut approximately a 14" unstretched length of Elastic Net. Make a 2" vertical cut in the fold directly in the center of the tube.



**B.** For bandaging the right side of the affected areas, place your right hand entirely through the tube with the previous 2" cut on the left side of the tube



**C.** Stretch out the Elastic Net. The affected right leg will pass through the long part of the tube, and the left leg will pass through the 2" cut.



**D.** For bandaging the left side of the affected areas, place your left hand entirely through the tube with the previous 2" cut on the right side of the tube



**E.** Draw the legs through the two stretched openings and pull the panty upwards to above the waist.

## Chest & Upper Abdominal Application

Elastic Net Dressing Item No. Size Maximum Stretch Width

NONNET11 11 40"

#### **INSTRUCTIONS FOR CHEST AND UPPER ABDOMINAL**



**A.** Measure and cut approximately 20" of unstretched Elastic Net. Approximately 3" from the top of the tube, make two identical 3" vertical cuts in the opposite folds. These cuts will be the arm holes of the sweater.



**B.** Place both of your hands into the tube furthest away from the 3" cuts and with the patient's arm raised, stretch the tube over the head, and pull each arm through one of the 3" cuts as if putting on a sweater.



**C.** Draw the stretched tube down over the shoulders to the waist.

Result: The dressing is now secured by a sleeveless sweater covering the chest, upper abdominal areas, and the back. To examine or change the dressing, raise the lower end of the tube and redress the wound.

## Chest & Upper Abdominal Application

#### INSTRUCTIONS FOR EKG MONITORING



**A.** Place the required amount of electrodes on the chest. Attach the cables to electrodes. Repeat steps "B" and "C" of the chest application.

Result: The electrodes and cables are now firmly secured by a sleeveless sweater, and the snug elastic fit to the contour of the chest will secure the electrodes without shifting during the stress tests.

## INSTRUCTIONS FOR THE SHOULDER, AXILLA, BREAST & MASTECTOMY



**A.** Measure and cut a 20" length of unstretched Elastic Net and make a 3" vertical cut in the fold approximately 6" from one end.



**B.** Place both hands into the tube at the end closest to the 3" cut. Stretch the longer tube length over the affected arm, holding the 3" cut upward.



**C.** Through the stretched upwards 3" cut first pass the unaffected arm followed by the patient's head.

## Elastic Net Dressing Size Chart

Item No.	Size	Application	Max. Stretch Width	
NONNET01	1	Small finger, toe	6"	
NONNET02	2	Adult finger, toe	7%"	
NONNET03	3	Hand, multiple fingers		
		lower arm, wrist, ankle	<b>9</b> ½"	
NONNET04	4	Large hand, foot,		
		upper arm, elbow	11%"	
NONNET05	5	Average arm,		
		small leg knee, amputation		
NONNET06	6	Medium/large leg amputa		
		intravenous/armboard	24"	
NONNET07	7	Average head, cranium,		
		ears, face, neck	28¾"	
NONNET08	8	Large leg, cranium,		
		ears, face, neck	31½" (9(10)	
NONNET09	9	Adult chest, abdomen,	B 4	
		breast, shoulder	35"	
NONNET10	10	Large chest, abdomen,	8	
			362/3"	
NONNET11	11			
		breast, shoulder	40"	
			5.6	
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breast, shoulder  NONNET11 11 XX-large chest, abdomen, breast, shoulder  ©2005 Medline Industries, Inc. One Medline Place, Mundelein, IL 60060 www.medline.com 1-800-MEDLINE				
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